

Parents' guide

Instagram

What people do on the app?

Instagram is a social media app that allows you to post photos and videos, go on lives, add captions, edit filters. Chat and engage with others, explore.

How to use the app?

To use Instagram, you create an account, that you can put on public or private and share photos and chat with others.

How to add friends (if possible)?

To add friends on Instagram you request another person a follow request and if they want to be friends they accept and follow you back.

Where the settings are found?

Tap on your profile picture in the bottom right to go to your profile.

Tap in the top right, then tap Settings. On the Instagram settings you can find things like your activity, notification, privacy, security, ads, account, help, about and the log out.

What features could be seen as a security risk?

The main risks on Instagram would be mean behaviour among peers, inappropriate photos or videos taken, mean rude comments people screenshotting posts.