

Parents' guide

Instagram

What people do on the app?

Instagram is a social media app that allows you to post photos and videos, go on lives, add captions, edit filters. Chat and engage with others, explore.

How to use the app?

To use Instagram, you create an account, that you can put on public or private and share photos and chat with others.

How to add friends (if possible)?

To add friends on Instagram you request another person a follow request and if they want to be friends they accept and follow you back.

Where the settings are found?

Tap on your profile picture in the bottom right to go to your profile.

Tap in the top right, then tap Settings. On the Instagram settings you can find things like your activity, notification, privacy, security, ads, account, help, about and the log out.

What features could be seen as a security risk?

The main risks on Instagram would be mean behaviour among peers, inappropriate photos or videos taken, mean rude comments people screenshotting posts.

What permissions the app requires?

Instagram requires email, phone number access photos, access files, password and you have to be at least 13 to access the app.

What parents should know about these permissions?

Parents should know that if their child is under 13 they shouldn't be allowed the app, also parents should know that you can chat with anyone if they follow you and you follow them.

If the permissions can be turned off/revoked and still use the app?

On Instagram the app can still be used if switched of.

How do parents ensure their child is kept safe when using the app?

- Use two-factor authentication to log in to Instagram safely.
- Choose who sees your posts with a private account.
- Block anyone you don't want to see your posts.
- Control the comments you want to see.
- Pick a strong password and keep it safe.

Age rating (UK)?

In the UK Instagram is rated 13+, so make sure you are over if you have it!



