



1. Introduction

At the heart of our vision for Ennerdellen Royal Grammar School is the commitment to know and value our pupils as individuals and to challenge and support them to identify and fulfil or exceed their individual potential. We seek to do this within a caring and supportive environment where we aim to develop our young people in mind, heart and body to enable them to hold a positive view of themselves. We aim to encourage each pupil to develop moral and ethical values and a sense of social responsibility which has at its core respect and tolerance towards each other. Furthermore, it is our aim to create an environment where each member of the school community feels safe, valued and respected.

We recognise that many pupils may have additional physical, emotional, mental, social and educational needs due to the challenges and difficulties surrounding menstruation which may, at times, create barriers to learning. In implementing this policy, we believe that pupils can be helped to overcome these barriers to learning and be supported to reach their full potential.

A whole school approach is adopted in relation to period dignity issues and is linked to our Pastoral Priorities within the School Development Plan through the development of a preventative curriculum at Key Stages 3, 4 & 5 to meet the needs of the pupils.

The implementation of the Past Period Dignity Scheme in Ennerdellen Royal Grammar School sits within the Preventative Curriculum and gives permission for menstruation to be addressed and openly discussed so that our young people are equipped with the skills, attitudes and behaviours to recognise, understand and respect the different challenges and difficulties that people may experience when menstruating, irrespective of religious belief, race, disability, age or sexual orientation.

All staff, teaching and non-teaching, should be aware of the importance of promoting period dignity. Staff will be asked to be sensitively alert to signs of physical and emotional distress that the young person may be experiencing in relation to periods, for example, discomfort, pain, lack of concentration, feeling, anxiety or being unable to sit still. Staff will manage such situations sensitively in line with our school values and ethos by helping the pupil to manage the situation themselves or by signposting them to the first aider to access, for example, a heat pad, a change of clothing or a place to lie down.