

Race Schedule 2022-2023

OCT Sat 28 th	Lagan Autumn Head of the River		Belfast
NOV Sat 19 th	Fours Head of The River		Enniskillen
DEC Sat 9 th	Shannon Head of the River		Carrick on Shannon
JAN Sat 21 st	Irish Indoor Championships (SELECTED FEW)		Limerick
JAN Sat 21 st	Newry Head of The River (Weather permitting 03-08)		Newry
FEB Sat 11 th	Lagan Head of The River (13-08)		Belfast
FEB Sat 18 th	Sligo Head of The River (13,14,05)		Sligo
MAR Sat 4 th	Erne Head of the River (03,04,08)		Enniskillen
MAR 04 (1st)	SHAN TRAINING CAMP WK 02 - 08 24		Enniskillen
APR Sat 14	Neptune Regatta		Dublin
APR Sat 2 nd	Commercial Regatta		Dublin
APR Sat 15 th	Sligo Regatta (13,04,15)		Sligo
APR - SAT 15 th + SUN 16 th	Gibberson Regatta (16-18)		Cork
APR Sat 22 nd	Limerick Regatta (13,04,15,16)		Limerick
APR Sat 29 th	Portadown Regatta (04-08)		Portadown
MAY Sat 6 th	Lough Ryan Regatta (15,16,17,18)		Carrick on Shannon
MAY Sat 13 th	Trinity College Regatta (03,04,13)		Dublin
MAY - SAT 20 th	Belfast Sprints Regatta (13,14,15)		Belfast
MAY 26th - 28th	British National Schools Regatta (24-08)		Dean College, London
JUN Sat 17 th	Athlone Regatta (13,14,15,16)		Athlone
JUN 19 th - 21st	Women's Henley Regatta (06-08)		Henley on Thames
JUN 23 rd	Cork Regatta (16-18)		Cork
JUN 27 th - 28, 2 nd	Henley Royal Regatta (08)		Henley on Thames
JUL 8th	Irish Rowing Championships (13 + 05)		TSA but looking like Lough Ryan Mull, Carrick on Shannon
JUL 14th - 16th	Irish Rowing Championships (16-08)		National Rowing Centre Cork