



**Empowering  
Communities**  
for climate change

# ENVIRONMENTAL AWARENESS WORKSHOP SERIES

**For Young Adults Aged 17-25**  
**Learn. Lead. Make a Difference.**

This four part series is designed to inspire and equip young adults to take meaningful action for the environment. Through practical, hands on sessions, you will gain valuable skills, build confidence, and explore how to make a real impact in your local community and beyond. Whether you're passionate about climate action, interested in sustainability, or simply curious to learn more, these workshops offer a chance to connect, grow, and lead.

Delivered by:



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# WHAT YOU WILL GAIN

## **Environmental Knowledge**

- Develop a deeper understanding of local ecosystems, waterways, biodiversity, and food systems.
- Learn how to live more sustainably and support climate resilience in your community.

## **Practical Skills**

- Grow your own food, reduce waste, and protect natural spaces.
- Engage in creative, hands-on activities that have real-world impact.

## **Personal Development**

- Strengthen your leadership, communication, and teamwork skills.
- Build confidence in advocating for environmental change.

## **Opportunities for the Future**

- Discover career paths in conservation, climate advocacy, and green industries.
- Connect with mentors, organisations, and peers who share your interests.
- Access further environmental training opportunities after completion.



# WORKSHOP SCHEDULE



## Session 1: Pure & Protected – Safeguarding Water for Future Generations

Date: 3 September 2025

Time: 18:30 – 20:30

Venue: Cavan Adventure Centre, Inishmore, Butlers Bridge, Co. Cavan

### Overview:

Explore the vital role of water in our ecosystems and the challenges facing our local waterways. This interactive session includes an optional paddle activity.

### Key Outcomes:

- Identify sources of pollution and their impact on water systems
- Discover sustainable water management practices
- Learn how climate change affects water access and quality



## Session 3: The Power of Pollinators & Biodiversity

Date: 17 September 2025

Time: 19:00 – 20:30

Venue: Florence Court House, Fermanagh

### Overview:

Gain a fresh perspective on nature through the lens of pollinators. Learn why bees, butterflies, and other species are critical to food security and ecosystem health.

### Key Outcomes:

- Understand the science of pollination and its role in agriculture
- Learn how to support pollinators through individual and collective action
- Explore the importance of biodiversity to environmental balance



## Session 2: Plant It, Pick It, Eat It – Grow Your Own Food

Date: 10 September 2025

Time: 18:00 – 20:00

Venue: Daisyhill House & Gardens, Ballyconnell, Co. Cavan

### Overview:

Discover the benefits of growing your own food and how it supports healthier living and a more sustainable future. No experience required.

### Key Outcomes:

- Understand the environmental and health benefits of homegrown produce
- Learn practical gardening skills
- Explore how food growing strengthens communities and reduces waste



## Session 4: Protect Our Natural Beauty – Leave No Trace

Date: 24 September 2025

Time: 18:00 – 20:30

Venue: Oakwood Bushcraft Forest School & Wilderness, Tamlaght, Enniskillen

### Overview:

Using the principles of Leave No Trace, this session promotes sustainable outdoor practices.

### Key Outcomes:

- Understand the impact of human activity on natural habitats
- Learn how to minimise harm while enjoying the outdoors
- Strengthen your connection to nature and the importance of conservation

# HOW TO APPLY

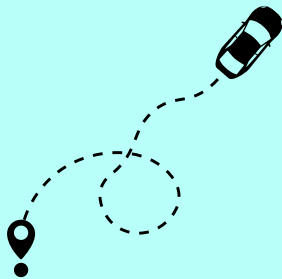
## Eligibility

To take part, you must:

- Be aged 17 to 25
- Have an interest in the environment, sustainability, or community action
- Commit to attending all four workshops to qualify for free access to additional training
- Complete a short application form

*A certificate of attendance will be provided on successful completion of all four sessions.*

**To register [CLICK HERE](#)**



### Travel Support

Transport will be arranged from Enniskillen and Cavan Town to each venue. We aim to make the workshops as accessible as possible. If you have any concerns about transport, costs, childcare, or other potential barriers, please get in touch.



### Get in touch

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